Patient Exam Preparation Instructions:

Lymphoscintigraphy

If you are pregnant, may be pregnant, or are breastfeeding, contact the University Radiology office where you are scheduled.

Day of Your Exam:

- Arrive at least 15 minutes prior to your test.
- Typically this study is performed on the same day as an operative procedure. Please follow the instructions given for your procedure.
- If not given other instructions, please arrive at least 15 minutes prior to your test.
- Follow any pre-operative instructions given regarding medications and eating or drinking.
- You will be given one or more injections into the skin of a radioactive material and typically transferred directly to your operative procedure in the same building. The amount of radioactivity is very low, safe, and requires no special precautions after the exam is complete.
- If your doctor has requested imaging, you will be required to lie flat on your back, without moving.
- These images can take up to two hours to complete.
- Wear comfortable clothing for this exam without metal snaps, buttons or zippers.
- Jewelry and other metallic accessories should be left at home if possible.



Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com**

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

PreAuthorization

This exam may require prior authorization from your insurance provider before we can perform the study. Speak with your referring physician's office and/or insurance company to understand your coverage and reduce possible delays.

Questions? Call 800-758-5545